



2007 Spring & Summer Community Recreation Brochure

City of Yonkers

Department of Parks, Recreation and Conservation

General Information



The Yonkers Department of Parks, Recreation and Conservation has an obligation to give priority service to Yonkers residents. Resident registration is offered on a first-come, first-served basis at the time of initial resident registration. A non-resident registration date entitles the general public to unfilled spaces in our programs. Participants are required to furnish supplies that are necessary for their programs.

Registration at the Parks Department

Following designated registration dates, registration will continue at 285 Nepperhan Avenue, weekdays from 9:00 a.m.- 4:00 p.m. until programs fill.

Mail-In Registration

Is only for Adult Rec Programs, Sport Camps on pages 4 and 5, and the Obedience School for Dogs. In-Person Registration is required for the Pre-School Day Camp, Camp Rays, and Aquatics Programs.

Program Absence

We do not make up classes for personal absence. Classes that do not take place due to holidays or inclement weather will be rescheduled.

Refund Policy

All programs must meet a certain minimum enrollment in order to be conducted. Programs may be combined to reach that minimum. You will receive a full refund if a program is cancelled due to insufficient registration. **No refunds will be issued after classes begin, except for medical reasons.** These requests must be accompanied by a letter from a physician. In such cases, students will be responsible for the classes they attended and a processing fee of \$25.

Inclement Weather

Call our "Hotline" at 377-6454 to receive information about cancellations, or listen for announcements on radio WFAS 1230 AM & 103.9 FM.

Front Cover

A summer-inspired watercolor painting by Yonkers resident Jean Vincenza Liggio graces our front cover. She is listed in the Marquis "Who's Who of American Women" and has won nearly 240 awards.

Senior Programs

For information on our Senior Recreation centers, events, flyers, and programs call Sandy Korkatzis at (914) 377-6444.

2007 Senior City-Wide Spring & Summer Event Calendar

Spring Dance - April 19th

Cuisine Bake Off - May 22

Senior Picnic - June 28th

Golden Olympics 2007 Tournaments
Month of August
Applications available July 2

Specialist Programs

Our Senior Specialist Programs are free for all Yonkers Seniors 60+. These programs are scheduled at designated centers throughout the city and include classes such as tai chi, line dance, watercolor painting, arthritis exercise, chair exercise, crafts, sewing, and more. Fall programs run for ten weeks and the Spring programs run for fifteen weeks.

Senior Recreation Centers

There are presently sixteen Senior Recreation Centers throughout the City of Yonkers. These centers serve their members by providing recreational activities on a year-around basis. Center hours and activities vary. Activities include card playing, bingo, indoor and outdoor shuffleboard, bocce, billiards, dominos, parties, luncheons, and day and overnight trips.

Pre-K Summer Camp

Camp Locations

P.S. # 15

175 Westchester Avenue
near Crestwood Library

P.S. # 30

30 Nevada Place,
near Cross County Shopping Center

Foxfire School

1061 North Broadway
near St. John's Riverside Hospital

Camp Information

Your children will be introduced to a variety of indoor and outdoor recreational and educational learning experiences through activities such as arts and crafts, music, drawing, and story telling.

Sessions

Session I: July 2-20

Session II: July 23- Aug 10

Days & Time

9 a.m.-12 noon

Monday through Friday

Fees: A Great Value!

\$225 for one session

\$405 for two sessions

No refunds given once the program begins.

Prior to camp, all but \$50 will be refunded.



Camp Requirements

Children must be 3-5 years of age by the camp start date and be toilet trained (no diapers). Parents should prepare youngsters by emphasizing that this camp will be a fun experience, with various indoor and outdoor activities, and the opportunity to make new friends.

Pre-K Summer Camp Registration Information

You must register in person for this Pre-K Camp and present four items at registration:

* **Birth certificate**, for age verification

* **Immunization record**

* **Camp Fee:** \$225 for one session

\$405 for two sessions

Cash, check or money order
(payable to City of Yonkers)

* **Proof of Residency** is required at resident registration. A driver's license, passport, or any photo ID with address is acceptable.

Utility bills are not acceptable.

Resident Registration

Begins May 2

Nodine Hill Community Center, 140 Fillmore Street
(located in the Fleming Field parking lot)

Time: 9:00 a.m. – 12 noon

Registration continues after May 2 at the
Parks Department, 285 Nepperhan Avenue,
9:00 - 4:00 p.m., weekdays, until camp sites fill.

Non-Resident Registration

Begins May 7

Yonkers Dept of Parks and Recreation

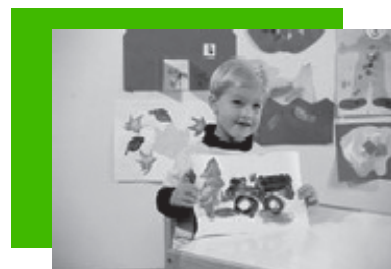
285 Nepperhan Avenue

Time: 9:00 a.m. – 4:00 p.m.

Registration continues after May 7 at the
Parks Department, 285 Nepperhan Avenue,
9:00 - 4:00 p.m, weekdays, until camp sites fill.

MAIL-IN Registration is NOT accepted

*For further information about this camp,
contact Frank Cardone at 377-6440.*



Adult Recreation Programs

Six-Week Classes @ \$42 each, except Boating

MORNING W.O.N.D.E.R

Diane DeAlbuquerque-Capurso

Women of New Dance Energy & Rhythm wakes you up by bringing exercise into your morning through dance. A fun class with easy-to-follow steps and invigorating music. Bring a volleyball-size ball. 1-5 lb. weights optional.

Weds. 9:00 - 10:00 a.m., Starts May 16

Cola C.C.

Friday 9:00 - 10:00 a.m., Starts May 18

Cola C.C.

KRIPALU YOGA

Brigitte Bedell

Learn yoga postures that will improve your flexibility, strength and self awareness. Classes also include short meditation, breathing exercises and warm-ups, and are designed to incorporate and work all levels of the body gently, yet deeply. Bring a mat or towel wear loose clothing. Starts May 15.

Tuesday 6:30 - 8:00 p.m. Advanced

Cola C.C.

Tuesday 8:15 - 9:45 p.m. Beginner

Cola C.C.

SLIMNASTICS

Lydia Otero

Exercise every part of the body, including the problem spot, to keep in good physical condition. You will slowly and gradually work up to your fullest potential. Bring a mat or towel. Rubber bands will be provided for weight resistance.

Monday 6:45 - 8:15 p.m., Starts May 14

Cola C.C.

Saturday 9:30 -10:30 a.m., Starts May 19

Cola C.C.

SLIMMERSIZE

Lydia Otero

Slimnastics with a twist. MORE cardiovascular movement and all your traditional exercises, squats, lunges, sit-ups, etc. A progressive class that gradually increases. Resistance bands will be provided. Bring a mat or towel. Starts May 17.

Thursday 6:30 - 7:30 p.m.

Coyne Park C.C.

DANCE EXERCISE

Diane DeAlbuquerque-Capurso

Dance and exercise at the same time! This class will have you movin' and groovin' to various styles of dance and even incorporates light body boxing and weight control using aerobic exercise and creative dance movements. Bring mat or towel, volleyball size ball, and optional 1-5 lb. weights. We begin May 16.

Wednesday 5:45 - 7:15 p.m.

Cola C.C.

Wednesday 7:30 - 9:00 p.m.

Cola C.C.

BATON & CHEERLEADING

New

Margaret Iacopelli

For adults? Why Not!! Learn twirls, cheers and dance routines. A fun class with music and easy moves. Helps coordination, balance, and flexibility. Mild cardiovascular exercise to warm up. Wear loose clothing and sneakers. Bring towel or mat. Supply fee of \$25 cash for baton and Pom Poms is required at first class. Starts May 17.

Thursday 6:15 - 7:15 p.m.

Cola C.C.

AMERICA'S BOATING COURSE

New

Presented by the US Coast Guard Auxiliary, Flotilla 68. For adult and teenage operators of boats, jet skis, canoes/kayaks. Meets all NY, NJ, and CT requirements. Course covers operating your craft, navigating and rules of the waterways, emergencies, legal. Receive a certificate to meet the NY State requirement for PWC operators. Four Thursdays, 7:30 - 9:30 p.m. We start May 10 at Cola C.C. Fee: \$60 Make checks payable to USCG Auxiliary Flotilla 68.

BELLY DANCE

Nanci DiBernardo

An easy and fun way for beginning and returning students to learn the art of Middle Eastern dance. Stretch, isolate, and move your body into overall health and fitness. Dance to music from Egypt, Arabia, Turkey, and Africa, plus pop. Advice about veil and hip scarf provided at first class. Starts May 14.

Monday 7:00 - 8:30 p.m.

Nodine Hill C.C.

BALLROOM & LATIN DANCE

Evangelina Rivera

For beginners and returning students who wish to review the basics. Learn how to "Dance like the Stars!" A fun, introductory course that will teach you the basics of Waltz, Rumba, Cha-Cha, and Swing. No partner necessary. Wear comfortable clothing and shoes with smooth soles. Starts May 14.

Monday 6:30 -7:30 p.m.

Roosevelt H.S.

Monday 8:30 -9:30 p.m.

Roosevelt H.S.

SALSA

Evangelina Rivera

For beginners and returning students wishing to review the basics of New York style "on 2" Salsa. Class focuses on timing, footwork, partnering, and learning those turns the "right" way, in a fun environment. No partner necessary. Wear comfortable clothing and dance sneakers or comfortable shoes with smooth soles. Starts May 14.

Monday 7:30 - 8:30 p.m.

Roosevelt H.S.

T.B.C. (Total Body Conditioning)

Ida Barrington

Resistance training exercise class for those who want to get into shape quickly. Special attention to cardiovascular conditioning. Exercises will increase energy, improve appearance and promote strength. Focus is on all major muscles, using a variety of free weights and your body weight. No experience needed. Be prepared to sweat. Bring towel and a floor mat. We begin on May 19.

Saturday 11:00 a.m.-12:00 noon.

Cola C.C.

PERSONAL PROTECTION

Christopher Santiago

Learn real self-defense in days. Train for real-life scenarios such as attacks in elevators, stairwells, parking lots, and more. Defensive tactics, escapes from chokes and holds, takedowns. No experience necessary for Beginner class. Wear sneakers and loose clothing. Beginner Plus class is for students who have taken this class before or have other experience. We begin on May 16.

Weds. 6:30 - 7:30 p.m. Beginner

Roosevelt H.S.

Weds. 7:35 - 8:35 p.m. Beginner Plus

Roosevelt H.S.

MS WORD

New

Lucas Perzan

Get started with Word even if you have not done word processing before. Covers editing documents, formatting text, paragraphs and documents and creating and formatting tables – skills for creating letters, reports and documents. Max. 9 students. Start May 16.

Wednesday 6:30 - 7:45 p.m.

Nodine Hill C.C.

MSEXCEL

New

Lucas Perzan

Get started with Excel even if you have not used a spreadsheet before. Building and editing worksheets, formatting a worksheet, working with charts, formulas and functions. Maximum 9 students. We start on May 16.

Wednesday 8:00 - 9:15 p.m.

Nodine Hill C.C.

E.J. Murray Memorial Skating Center

The E.J. Murray Skating Center is located at 348 Tuckahoe Road and offers numerous year round programs. Since 1960 it has provided quality skating and hockey programs to residents of Yonkers and the surrounding communities, serving the diverse needs of children and adults. We have always adhered to our original goal: to produce "skating families". Registration for all programs takes place at the rink. Call 377-6469 for more information about programs or to receive a brochure by mail.

Adult Floor & Roller Hockey

Two separate leagues will be organized; one floor hockey, another roller hockey. Full teams may register for either league. Individuals will be placed either on a team or be part of a team comprised of other individual registrants. Teams are given a pre-season practice, a 12 game season, plus playoffs. Organizational meeting set for May 3 at 7:00 p.m.

Roller Skating

Why not rent the rink by the hour for your roller skating group or party? Special rates are available for camps and other youth organizations. Birthday parties are welcome!

Rental Fees

Skate Rentals: \$3 Rink Rentals: \$275 per hour
Camps and other groups may rent two hours for the price of one on any weekday before 5:00 p.m. All other times will be rented at a rate of \$275 for the first hour and \$100 for each subsequent hour.

Birthday Parties

Call 377-6469 for more info.

Ice Skating Lessons and Ice Hockey

Registration begins
August 2007.



Annual Ice Skating Show

Friday, April 27 @ 7:00 p.m.
Saturday, April 28 @ 7:00 p.m.
Sunday, April 29 @ 3:00 p.m.

Flea Market

Visit our outdoor Flea Market, Sundays from 9:00 a.m. until 4:00 p.m. Schedule: late March through December. Parking is free. Vendors wanted. Call (914) 377-6469 for details.

Special Events

Watch for spring, summer, and fall events such as professional boxing, wrestling, Italian-American Heritage Feast, Moscow International Circus, and concerts. Like Hot Rods? Rock N' Rods Car Show. Wednesdays 6:00-9:00 p.m. May-October. Rock N' Rods admission is free!

Obedience School for Dogs

Beginning Obedience

Lauren Manzell

Lessons will concentrate on "Basic on Leash Obedience," which covers commands such as: heel, let's go, sit, down, stay, come, dog's name, praise, and more! Bring the following to first class: plastic bags for clean up, leash, collar, doggy treats, and don't forget your dog! Owners are responsible for cleaning up after their dogs. Beginning class for dogs 4 months and older.

Six Tuesdays, starting May 15

6:45 p.m.-7:45 p.m.

Yonkers Resident: \$150

Non-resident: \$200

Bronx River Road C.C.

680 Bronx River Road



Use form on page 11 to register

Continuing Obedience

Lauren Manzell

P.C.T. (Personal and Canine Training) Fitness Program

Does your dog get enough exercise? Do you?

This fitness program is a new and invigorating way to get the whole family aerobically fit, as you train your dog and exercise at the same time. Why not make it a family affair by asking another family member (minimum 10 years of age and living in the same dwelling) to join you and your dog(s). A great way for both of you to become better handlers and get in shape together.

Program consists of six intense training classes where you walk yourself to fitness. A ten minute break is provided for watering you and your dog. Prior obedience experience and up-to-date health records are required for all dogs. **New dogs and their owners** are also required to attend one safety evaluation meeting (set for Tuesday, May 8 at 8:00 p.m.). Six Tuesday classes for all dogs start on May 15.

Bronx River Road C.C.

8:00 p.m. - 8:45 p.m.

1 dog and 1 handler

\$150 for Residents \$200 for Non-Residents

Add \$10 for each additional family member

Add \$10 for each additional dog

Yonkers Animal Shelter

The Yonkers Animal Shelter is located at 120 Fullerton Avenue and is open seven days a week. It provides shelter for the stray and abandoned cats and dogs of Yonkers. Our goal is to find permanent homes for these animals. Dogs and cats may be adopted for a nominal fee. This fee includes spaying and neutering. Adopting a dog entitles you to a discount toward the Dog Obedience School described above. More information about the Shelter is available by calling 377-6730 or visiting www.petfinder.com.

Half-Day Sport Camps

Red Bulls Soccer Camp

Ages: 6-13

Times:

Week 1

9:00 a.m. - 2:00 p.m.

Weeks 2, 3 and 4

9:00 a.m. - 1:00 p.m.

Site/Rain Site:

Lincoln H. S.

375 Kneeland Ave.



New York Red Bulls Player Development Camp certified coaches offer an exciting soccer experience that allows players ages 6-13 to learn new skills and gain a sense of personal accomplishment. Participants are divided into groups based on both age and ability. All participants will receive a ball, T-shirt, individual evaluation, and a free companion ticket to a New York Red Bulls home game and camp graduation ceremony at Giants Stadium.

Make Checks Payable to: **MLS Camps**

Use registration forms on pages 12 and 13.

Campers must bring shin guards and water bottle. Interested in a discount by housing a coach during your soccer camp week(s)? Learn more by calling Steve Jones at (201) 583-7022.

Camp Dates

Fees

Week 1....June 26-29	ANY 1 week - \$130
Week 2....July 9-13	ANY 2 weeks - \$210
Week 3....July 16-20	ANY 3 weeks - \$290
Week 4....July 23-27	ALL 4 weeks - \$370



Basketball



Boys and girls will learn and develop the fundamental skills of offensive and defensive play including dribbling, passing, shooting, and defensive strategies. Proper methods will be stressed and combined to improve their overall game. **Make Checks Payable to:** City of Yonkers

Ages: 8-15

Day: Monday through Friday

Time: 9:00 a.m. - 12 noon

Site: Saunders High School gymnasium,
southern end of Jessamine Avenue.

Camp Dates

Session I....July 2-20

Session II....July 23 -Aug 10

Fees

Any 1 session - \$225

Both sessions - \$405

Use registration form
on page 12.

Half-Day and Other Sport Camps

Tennis

Our camp helps youngsters ages 6-13 develop the fundamental skills needed to play tennis. They will learn forehand, backhand, serve techniques, etiquette, and scoring. There will be a chance to develop skills through competition in both singles and doubles play. Tennis racket is required.

Camp Dates

Session I.... 7/2 - 7/20

Session II.... 7/23-8/10

Fees

Any 1 Session.....\$225

Both Sessions.....\$405

Make checks payable to City of Yonkers

Ages: 6-13

Monday thru Friday

9:00 a.m. - 12 noon

Site: Kinsley Park, Park Ave., near Roberts Ave.

Rain Site: Emerson School gymnasium, located at rear of school, reached by Nepperhan Avenue onto Odell Avenue. Used only when it is raining.



New Sport Squirts

This U.S. Sports Institute camp is a great way to introduce children ages 3 to 5 to sports such as soccer, T-ball, basketball, lacrosse, and floor hockey, all taking place in a safe, structured environment. Activities are designed to evoke a child's imagination by using games that include cartoon characters. All activities promote learning, hand-eye coordination, movement, and most of all, fun. Parents are more than welcome to stay and watch. Be sure to bring water and a snack.

Ages: 3-5

Fee: \$80

Make check payable to U.S. Sports Institute.

Use registration form on page 12.

Camp Dates: August 13-17

4:00 p.m. - 5:30 p.m.

Site/Rain Site: Lincoln High School

Athletic field and gymnasium

375 Kneeland Avenue

U.S. Sports Institute Multi-Sport Camp

Campers 6-14 years of age will experience more than 15 different sports from around the world: baseball, badminton, bocce, cricket, flag football, handball, lacrosse, netball, rugby, soccer, select track and field events, volleyball, and more. Activities take place in an atmosphere that promotes good sportsmanship, character, teamwork, and most of all, fun. Campers are placed into groups according to age and ability. They receive technical instruction in each sport, then experience realistic game situations. Everyone receives a T-shirt and certificate.

Ages: 6-14

Fee: \$140

Make check payable to U.S. Sports Institute.

Use registration form on page 12.

Camp Dates: August 13-17

Monday through Friday, 9:00 a.m. - 3:00 p.m.

Site/Rain Site: Lincoln High School

Athletic Field and Gymnasium

375 Kneeland Avenue

Other: Bring lunch and beverages.

New Golf

Using a revolutionary new system, this U.S. Sports Institute camp is the ideal way to introduce golf to boys and girls ages 5-11. Campers use oversized clubs made of a lightweight material. This allows them to strike the ball more easily, thus increasing their confidence and enjoyment. They will learn basic techniques such as the swing, grip, and ball striking using fun training methods. Campers should bring water and a snack.

Ages: 5-11

Fee: \$100

Make check payable to U.S. Sports Institute.

Use registration form on page 12.

Camp Dates: July 30 - August 3

Ages 5-7, 9:00 a.m. - 10:30 a.m.

Ages 8-11, 10:30 a.m. - 12 noon

Site/Rain Site: Lincoln High School

Athletic field and gymnasium

375 Kneeland Avenue

Summer Sport Camps Registration

Mail-In Registration

Register by mail for our
Summer Sport Camps
by using the form on page 12.

There will be No Refunds once a camp begins. In the event you decide to withdraw your child prior to the start of a Summer Sport Camp, all but \$50 will be refunded.

Walk-In Registration

Resident Walk-In Registration

Begins May 3
Yonkers Dept of Parks & Recreation
285 Nepperhan Avenue
Time: 9:00 a.m. – 4:00 p.m.

Non-Resident Walk-In Registration

Begins May 9
Yonkers Dept of Parks & Recreation
285 Nepperhan Avenue
Time: 9:00 a.m. – 4:00 p.m.

Summer Youth Dance Classes

Dance, Dance, Dance

Montessori P.S. # 11 Gymnasium, Wakefield Avenue

Silvana Osorio

Youngsters will be immersed into the world of dance: jazz, hip hop, and modern. They will learn choreography and have the opportunity to create their own. Wear loose clothing and either ballet slippers, jazz shoes, dance sneakers or be barefoot. Bring water and a quick snack.

Session 1 July 23 - August 3
Ages 8 - 11 9:00 a.m. - 10:30 a.m.
Ages 12-15 10:45 a.m.- 12:15 p.m.

Session 2 August 6 - August 17
Ages 8 - 11 9:00 a.m. - 10:30 a.m.
Ages 12-15 10:45 a.m.- 12:15 p.m.

Each class limited to 10 students

Class Fees: \$90 for Session 1 or 2; Only \$170 for both sessions.

Registration Form for YOUTH DANCE CLASS only

Please Print

Parent's First & Last Name: _____

Student's First & Last Name _____ Age _____

Address: _____ Apt #: _____

City: _____ State: _____ Zip: _____

Daytime Phone # _____ Evening # _____

Youth Dance Class: Session(s): _____ Time: _____

Mail this form with check or money order (payable to City of Yonkers) to Community Recreation,
Yonkers Department of Parks, 285 Nepperhan Avenue, Yonkers, NY 10701.

Camp Rays

Locations



Mark Twain Middle School

160 Woodlawn Avenue
Max enrollment: 216



Emerson Middle School

160 Bolmer Avenue
Max enrollment: 90



Montessori School # 27

132 Valentine Lane
Max enrollment: 54



Dodson School

105 Avondale Road
Max enrollment: 90



Camp Information

Each camper will enjoy: Instruction and participation in softball, soccer, and basketball, water activities, relay races and games, arts and crafts, music and dance, special events, shows, carnivals, and two trips to the Tibbetts Brook Park pool.

Age Requirements

For Children ages 5-14. Campers must be 6 years of age by December 31, 2007. Campers may NOT be 15 years of age before August 17, 2007
Birth certificate required.

Camp Sessions

Session I - July 2-20
Session II - July 23- August 10
Session III - August 13 - 17
Session III is a one-week session held at Mark Twain School only and will be offered to campers from all four sites.

Days & Times

Monday through Friday 8 a.m.-3 p.m.
Extended hours available.



Registration Information

**Limited space available
on a first-come, first-served basis.**

Registration for Yonkers Residents

Begins Saturday, April 21
**Mark Twain registration only
9:00 a.m. - 12 noon**
Registration for all four sites
12 noon to 3:00 p.m.
Nodine Hill Community Center,
140 Fillmore Street,
located in the Fleming Field parking lot.

Proof of Residency Required

Driver's license, passport, or any photo ID with address is acceptable.
Utility or phone bills are not acceptable.

Registration continues until camps fill.
Monday through Friday, 9 a.m.-4 p.m. at the
Yonkers Department of Parks
285 Nepperhan Avenue.

Registration for Non-Residents

Non-Residents will not be able to register until April 30 (while space is available).
Site: Yonkers Parks Department,
285 Nepperhan Avenue, 9:00 a.m -4:00 p.m.

Make checks payable to "City of Yonkers".

**ALL FEES ARE DUE IN FULL
AT REGISTRATION, INCLUDING UNION,
COUNTY, and ALL OTHER SUBSIDIZED
METHODS OF PAYMENT**

Refund Policy

If a child withdraws prior to the start of camp, you will be entitled to a refund, minus a \$100 processing fee. Refunds will not be considered after a session begins.



*For information regarding fees and to request a Camp Rays application,
contact Dave Antonelli at 377-6443*

Spring & Summer Aquatics Programs

Spring classes begin on Friday, May 4. Summer classes start the week of July 9. Each session runs for 5 weeks.
Call Andrea Velazquez at 377-6439 for more information.

Adult Learn to Swim

Mark Twain Pool

Adult Beginners will learn basic swimming skills & water safety. Intermediate swimmers expand their techniques.

Fees: Spring \$80 Summer: \$85

Tuesday & Thursday Beginner 8:00 - 8:45 p.m.

Monday & Weds Inter/Adv (deep H2O) 8:00 - 8:45 p.m.

Deep H2O Aquacise

Mark Twain Pool

Adults enjoy exercise in deep water with emphasis on your lower body. Aqua belt provided or bring your own. You must be comfortable treading in water over your head.

Fees: Spring \$80 Summer: \$85

Tuesday & Thursday 8:00 p.m.-8:45 p.m.

Parent & Tot

Mark Twain Pool

Ages 6 mo-5 years accompanied by an adult; water adjustment & basic skills.

(Fee covers both parents & child)

Fees: Spring \$30 Summer: \$35

Friday 6 mo-3 yrs 6:15-6:45 p.m.

Friday 3 yrs-5 yrs 6:45-7:15 p.m.



Lap/Circle Swim

Mark Twain Pool

Leisure swim at your own pace. Must circle swim. \$75

Monday-Thursday 8:45 p.m.-9:45 p.m.

Friday 7:30 p.m.-9:30 p.m.

Aquacise

Mark Twain Pool

Program is designed for body toning and cardiovascular fitness. Fees: Spring \$80 Summer: \$85

Monday & Wednesday 8:00 p.m.- 8:45 p.m.

Masters Swimming

Mark Twain Pool

Adults age 19-99! Enjoy friendship & camaraderie as you improve your stroke, technique & conditioning through organized workouts. Geared for the fitness swimmer to the serious competitor. Fees: \$35 per month

Tuesday & Thursday 8:00 p.m.-9:30 p.m.

Saturday (spring only) 10:00 a.m. -12:00 p.m.

Family Swim

Mark Twain Pool

Swim for the entire family. All parents must accompany children in water. \$35 per Adult \$20 per Child.

Friday 7:30 p.m.-9:30 p.m.

Competitive Swim Clinic

Mark Twain Pool

Emphasis on basic building blocks needed for competitive swimming. Fees: Spring \$80 Summer: \$85

Tuesdays & Thursdays 7:00 p.m.-7:45 p.m.

Youth Level Swim Classes

All level classes are held at Mark Twain Pool

Children 5-12 years of age must be tested & placed in the appropriate classes. A certification card will be received after the successful completion of each level. Fee for Spring classes is \$80 and for Summer classes is \$85. For further information call Andrea Velazquez at 377-6439.

Level 1 STARFISH

Monday & Wednesday

5:30 p.m.-6:15 p.m. or 6:15 p.m.-7:00 p.m.

Level 1 STARFISH

Tuesday & Thursday

6:15 p.m.-7:00 p.m.

Level 2 SUNFISH

Monday & Wednesday

5:30 p.m.-6:15 p.m. or 6:15 p.m.-7:00 p.m.

Level 2 SUNFISH

Tuesday & Thursday

6:15 p.m.-7:00 p.m.

Level 3A or 3B STINGRAY

Monday & Wednesday

7:00 p.m.-7:45 p.m.

Level 3A or 3B STINGRAY

Tuesday & Thursday

7:00 p.m.-7:45 p.m.

Level 4A & 4B DOLPHIN

Monday & Wednesday

6:15 p.m.-7:00 p.m.

Level 4A & 4B DOLPHIN

Tuesday & Thursday

6:15 p.m.-7:00 p.m.

Level 5A & 5B SHARK

Monday & Wednesday

6:15 p.m.-7:00 p.m.

Level 5A & 5B SHARK

Tuesday & Thursday

7:00 p.m.-7:45 p.m.

Teen Learn to Swim

Monday & Wednesday

Young adults ages 13-16 learn how to swim or improve techniques.

7:00 p.m.-7:45 p.m.



Spring & Summer Aquatics Registration

Aquatics Registration Information

The spring session and the summer session will each run for 5 weeks. Adult and Children's swim programs meet **twice a week** in the spring and summer: Spring (May 4-June 11) and Summer (July 9-August 10). Registration is done in person on a first-come, first-serve basis and spaces are limited in all of our swim classes. We do not allow any person for any reason to register before the registration time. If your child has taken lessons with us before, you must bring their previously earned certification card, or report card, as verification of passing that level. Please bring all the items needed to register. We cannot accept any mail-in registration for level swim classes. We do **not** accept credit cards as a form of payment.

Items needed for Registration:

***Program fee** All classes are paid in full at registration with cash (exact amount) or check (*payable to City of Yonkers*).

***Proof of Yonkers residency** will need to be presented at resident registration. A driver's license, passport, or any photo ID with address is acceptable. Utility or telephone bills are **not** acceptable.

***Previous level card, or swim report card.**

Water testing is for youth level classes. **Water testing does not guarantee placement in classes at registration.**

Spring Water Testing

Tuesday, May 1
6:00 p.m.-8:00 p.m.
Mark Twain Pool
160 Woodlawn Avenue

Summer Water Testing

Tuesday, June 12
6:00 p.m.-8:00 p.m.
Mark Twain Pool
160 Woodlawn Avenue

If your child is a beginner, he/she does not need to be water tested. Your child must register for level 1. If your child has basic water skills, he/she must be water tested at the Mark Twain Pool for appropriate placement in any of our classes.

Spring Registration - Yonkers Residents

Children's Classes

Wednesday, May 2	5:00 p.m.-7:00 p.m.
Nodine Hill Community Center	140 Fillmore Street

Adult Classes

Wednesday, May 2	6:00 p.m.-8:00 p.m.
Nodine Hill Community Center	140 Fillmore Street



Spring Non-Resident Registration

Registration starts on Thursday, May 3

Yonkers Parks Department, 285 Nepperhan Avenue, from 9:00 a.m.-4:00 p.m.



Summer Registration: Yonkers Residents

Children's Classes

Wednesday, June 13	5:00 p.m.-7:00 p.m.
Nodine Hill Community Center	140 Fillmore Street

Adult Classes

Wednesday, June 13	6:00 p.m.-8:00 p.m.
Nodine Hill Community Center	140 Fillmore Street

Summer Registration: Non-Residents

Registration starts on Thursday, June 14

Parks Department, 285 Nepperhan Avenue, from 9:00 a.m.-4:00 p.m.

Camp Pride for the Developmentally Disabled

A group-oriented recreation day camp for developmentally disabled children and adults. This camp offers art, dance therapy, sports, theatre performance, swimming, and trips. Transportation and lunches are included. **New applicants must be interviewed by Tara Conte-Giglio at the Yonkers Parks Department offices, 285 Nepperhan Avenue.**

Dates: Session I - July 2-July 20

Session II - July 23-August 10

Time: 9 a.m.-3 p.m., Monday through Friday

Site: P.S.# 28, 18 Rosedale Avenue

Fees: \$100 per three-week session for Yonkers residents



Requirements:

Immunization records and an updated physical examination are required. Campers must also be toilet trained. Contact Tara Conte-Giglio on 377-6438 for additional information about Camp Pride.

Project Friendship: We also offer a multitude of programs throughout the year. Please call 377-6438 for a listing of our spectacular program.

Children's Summer Recreation Programs THE BIG SUMMER CHILL 2007

Your child, age 7-14, can enjoy our adult-supervised Big Summer Chill events.

Use a "Chill-Out" pass for free admission. Yonkers residents only. Call 377-6450 to request a pass.

Summer Movie

July 11 and 25 at 11:00 a.m.

Cedar Place School
20 Cedar Place



Roller Skating Party

Thursday, July 19 at 11:00 a.m.

Murray Skating Center
348 Tuckahoe Road

Roller Disco Barbeque

August 2 and 3 at 10:00 a.m.

Murray Skating Center
348 Tuckahoe Road



ROVING "PLAY & SWIM"

Sports and crafts specialists will plan and organize recreation activities for school-age children to "Play" while the "Swim" mobile is stationed at your local park. If you can't go to the pool this summer, come to one of our Play & Swim sites. We bring the pool to you. Call 377-6450 to learn when this exciting program is coming to your neighborhood.

Dates: July 2-August 10 **Time:** 9 a.m.-2 p.m.



SUMMER BASKETBALL LEAGUE

For youth ages 7 - 18. Games played at various outdoor sites throughout Yonkers. More information will be available on May 31.

Rosters due: June 29

Games Played:

July 9 - August 3

Registration fee:

\$50 per team.

(refundable if no forfeits)



Adult Programs Registration Information

Adult classes are for adults 18 years and older. We do not permit anyone under 18 years of age to be present during these classes. Please check class descriptions to learn if students are required to purchase materials. No refunds given once these programs begin, except for medical reasons. See inside front cover for additional information about medical refunds.

Mail-In Registration

You can mail in your registration for adult programs. Be sure to specify the name and time of your class when completing the form below. Send this form and a check or money order (*payable as noted below*) to: Community Recreation, Yonkers Parks Department, 285 Nepperhan Ave., Yonkers, NY 10701. Resident mail-in registrations will be opened on May 8. Non-resident will be opened on May 11. Mail-In Registration does not guarantee a space in the program. You will receive a receipt via mail, confirming your place in class. All mail from America's Boating Course students will be opened starting on May 4.

Walk-In Registration

Residents

Begins Thursday, May 3 9:00 a.m. - 4:00 p.m.
Yonkers Department of Parks, 285 Nepperhan Avenue

Proof of Yonkers Residency

Please bring your driver's license, passport, or any photo ID with address. Utility or telephone bills are not acceptable.

Non-Residents

Begins Wednesday, May 9 9:00 a.m. - 4:00 p.m.
Yonkers Department of Parks, 285 Nepperhan Avenue

If you miss the above Walk-In Registration dates, you may register at the Parks Department from 9:00 a.m. - 4:00 p.m. weekdays, until classes fill.

Program Fees

Yonkers Resident Fee for 6 Week Adult Classes: \$42

Non-resident Fee: add \$15 per class

America's Boating Course is \$60 for everyone

Payment in full: cash, check, or money order made payable as noted below

Mail-In Registration for Adult Classes ONLY

Must be 18 years or older to take adult classes.

Receipt # _____

Please Print

First Name: _____ Last Name: _____

Address: _____ Apt # _____

City: _____ State: _____ Zip: _____

Day Tel # _____ Evening Tel # _____

Course Name: _____

Day _____ Time _____

Mail this form with check or money order (payable to City of Yonkers) to Community Recreation, Yonkers Parks Department, 285 Nepperhan Avenue, Yonkers, NY 10701.

Note: Make check or money order for Boating Course payable to USCG Auxiliary Flotilla 68

Mail-in Registration for Summer Sport Camps ONLY

Mail to: Yonkers Parks Department, 285 Nepperhan Avenue, Yonkers, NY 10701

Please Print

Receipt # _____

Name of Summer Sport Camp: _____

Dates of Participation: _____

1. Has your child had a recent operation or injury?

Youngster's Last Name _____

If yes: _____

Youngster's First Name: _____

2. List food(s) your child is allergic to, if any:

Age _____ Date of Birth _____

Foods: _____

Male () Female ()

3. Is your child allergic to bee stings? _____

Address: _____

4. Is there any reason why your child may not participate in any activity?

City _____ State _____ Zip _____

If yes _____

Day Telephone # _____

5. Is your child permitted to take aspirin or tylenol? Yes () No ()

Evening Telephone # _____

Emergency Contact Information

Parent's Name: _____

Tel #'s during camp hours: 1) _____ 2) _____ 3) _____

E-Mail Address: _____

If parent cannot be reached, please provide an additional contact and telephone number:

Additional Contact: Name & Relationship: _____

Home Tel # _____

Other Tel # _____

Physician's Name: _____

Telephone # _____

I hereby authorize my child, whose name appears on this form, to participate in Half-Day Summer Camps sponsored by the City of Yonkers Department of Parks, Recreation and Conservation. I hereby release the City of Yonkers, their servants and employees, from liability with such participation. In case of injury, I authorize a Camp staff member to take my child to the hospital for treatment.

Parent Signature _____

Soccer Camp parents must also complete form at top of page 13

Form # 2 for Soccer Campers Only

Mail this form **and** form on page 12 to Yonkers Parks Dept., 285 Nepperhan Ave., Yonkers, NY 10701

Soccer Camper's Name: (from page 12) _____

Soccer Dates: (check boxes that apply)

☐ Week 1 (June 26-29)

☐ Week 2 (July 9-13)

☐ Week 3 (July 16-20)

☐ Week 4 (July 23-27)

Free Adidas Red Bulls T-Shirt (check one)

☐ Youth Small

☐ Adult Small

☐ Adult Extra Large

☐ Youth Medium

☐ Adult Medium

☐ Youth Large

☐ Adult Large

Free Adidas Soccer Ball (check one)

☐ 3 (5-7 years)

☐ 5 (12-13 years)

☐ 4 (8-11 years)

Soccer Shin Guards

Shin guards are mandatory for this camp. If your youngster needs shin guards and you wish to purchase them from the NY Red Bulls (\$7 per pair):

☐ Youth Small

☐ Adult Small

☐ Youth Medium

☐ Youth Large

+
Shin Guard Cost
(Optional)

Check must be made payable to MLS Camps

Camp Cost
(See Page 4)

=
Total Cost

Check #

Soccer Release

This release is made to allow my child to participate in the New York Red Bulls Camp. I recognize that my signature on this release is a condition of your permitting my child to participate. I agree that you may photograph and/or videotape my child during camp and that you retain the rights to use these visual images in any manner you wish without compensation to my child. I agree that you may use and license others to use my child's name, voice, likeness, and any biographical facts which may have been provided to you, including advertising and promoting the camp. I certify that my child is in excellent physical health, and may participate in strenuous and hazardous physical activities, including the soccer to be played at camp. I certify that there are no physical limits to my child's participation in the camp. Permission is granted for my child to receive emergency medical treatment if needed. I hereby release and discharge Major League Soccer Camps, Major League Soccer, New York Red Bulls, and all their affiliated entities from any and all liability, claims, demands, and causes of action for personal injury, property damage, and/or other loss suffered by my child in connection with his/her participation in the camp. I represent that I am a parent/guardian of the minor named above and I agree that the grant and release contained therein binds me and the minor to all its terms.

Parent/Guardian Signature: _____ **Date:** _____

Call Steve Jones at (201) 583-7022 if you are interested in housing a coach during your camp week(s).

Seasonal Events

Spring Track Races

Boys and Girls, Ages 4-14

Days: Saturdays and Sundays, starting in April.

Lincoln H. S., Kneeland Avenue.

Call 377-6441 for schedule

Cinco De Mayo Celebration

Date: Saturday, May 5

Time: 1:00 - 5:00 p.m.

Untermeyer Park, 945 North Broadway

Yonkers Male Glee Club Concerts

Sundays, May 6 and 20 at 3:00 p.m. Free Performances

Sites: May 6 at Saunders H. S., May 20 at Will Library

Yonkers Philharmonic Orchestra Concert

Date: June 10 at 3:00 p.m. Free Performance.

Saunders High School, 183 Palmer Road

Featuring Concerto Competition Winners

Yonkers Memorial Day Parade

Date and Time: Sunday, May 20 at 2:00 p.m.

Parade Route: along South Broadway
from McLean Avenue to Getty Square.

Ukrainian Heritage Festival

Date: June 15, 16, 17. Free Performances

St. Michael's Church, 510 North Broadway

Yonkers Pops Band Concerts

Sundays, June 17 & 24 at 2:00 p.m. Free Performances

Untermeyer Park, 945 North Broadway

Rain Site: Cola Community Center in Untermeyer Park

Yonkers Golf Classic

Registration begins August 1

Two round tournament: October 21 and 28

\$3 registration fee. Weekend greens fees apply.

Call 377-6443 for an application and details



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*City of Yonkers Department of Parks, Recreation and Conservation,
285 Nepperhan Avenue, Yonkers, NY 10701*

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285 Nepperhan Avenue, Yonkers, NY 10701

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